



**J. LEWIS III**  
**MOTIVATION**

Life coach, grief consultant,  
motivational speaker &  
podcast host

J. Lewis III helps people overcome the challenges and traumatic experiences many people face, particularly Generation Xers, like himself. Lewis has overcome several mental and physical challenges in his own life. His approach combines his abilities and impacts his audiences by incentivizing them to discover and enjoy their better lives.

## SIGNATURE TOPICS

- ✓ Grief Recovery
- ✓ Finding Your Better Life
- ✓ Alone vs. Lonely
- ✓ Discovering Your Newness
- ✓ Prioritizing Mental Health



@jlewisiimotivation

# CLIENT FEEDBACK

Thank you, Mr. Lewis, for speaking to me. The way you talked with us was very uplifting. I will be using many of the things you suggested to find my better life.

- Jessica H.

Talking about responsibility and working on the things we can control was very insightful for me. Thank you.

- Caroline S.

"Mr. Lewis truly stood out and many of the students clearly understood his message. He has a crafty style of mixing messages with relevant stories that resonate with audiences.

-Scott W.



Please feel free to reach out with any questions.

## Get in Touch!

✉ [jlewis@jl3motivation.com](mailto:jlewis@jl3motivation.com)

🌐 [www.jl3motivation.com](http://www.jl3motivation.com)

☎ (512) 665-0303